MARCH 2025

Vol. 58 No. 3

Disciples of Jesus Christ called to bring God's light into the world: through worship, serving, learning and sharing the Good News!

My friend recently wrote online, "Anybody else tell "destined-for-the-trash" appliances a heartfelt thank you before throwing them out?

The replies got me thinking...

- Hey, when you have a big family, the appliances give it their all for you!
- When our washer ran its final load, I played "One Last Time" from Hamilton.
- The old family tent was a hard one. There was probably still a grain or two from Camp Michi-Lu-Ca dirt on there.

This got me thinking about things I no longer have – things I have lost. Some you have lost, too. I think it's a given that people grieve their family homes, their homestead, a favorite car, even. And I know I once had a pair of Levis that were cool decades before Kendrick LaMar wore them at the Super Bowl; a pair of Frye Boots; a long red wool coat I bought in New York City when I was 21.

Thinking about these things led me to consider other things I have lost that are both more and less tangible, and whose absence weighs heavy on my heart, even when I push through and pretend not to notice.

I miss the world before the current climate crisis. I miss the sense of growing compassion that marked other periods of history. As I write this, on February 17, 2025, I miss having a more manageable amount of snow.

Missing things is the verb, to the noun, loss. Loss is something we all carry, and it can be hard to find a place to put it down, to give your heart a rest. I think that a good way for us to begin walking together might be to talk about things we have lost, and things we have gained.

I will be offering a Lenten Bible Study at Trinity, after worship on Sundays in March: the 9th, and 23rd. We will look at this phrase from Amazing Grace: "I once was lost, but now am found…" alongside scriptural references about losing and gaining.

Please come and bring a favorite bible if you have one. We need not all have the same translation. Read Luke: 15: 11-32, a couple of times to prepare.

And please think about things you've lost – places, objects, routines, abilities. AND things you've found, especially things that seemed to fill the void of what has been lost. Or things we never realized we needed, until we made room to receive them.

My prayer is that we connect more deeply to one another this Lent, and find the holy around us, within us, and before us.

With you, Pastor Marie

Date	Worship Leader	Format	Communion
March 2	Judy Sadlon	In House/Virtual	No
March 5	Rev. Marie Duquette	In House	Yes
March 9	Rev. Marie Duquette	In House/Virtual	Yes
March 16	Wendy Catera	In House/Virtual	No
March 23	Rev. Marie Duquette	In House/Virtual	Yes
March 30	Judy Sadlon	In House/Virtual	No

To virtually participate in Sunday Service, please join us at 10am on either Zoom, Facebook or the website.

Zoom Phone: 1 646 558 8656 Meeting ID: 3158666474 Password: 13350

Ash Wednesday

On March 5th, Ash Wednesday, from 4:00-6:00 pm, Pastor Marie will be in the sanctuary to offer ashes, prayer, and Holy Communion, to anyone who stops by. Please plan to stop by and experience Ash Wednesday in a new way. There will be readings on the half-hour, prayers, Taize music, and candles. Come and spend a little time in the peace of the sanctuary, preparing your hearts for a meaningful Lent.



The Book of Forgiving

Pastor Marie encouraged us to read *The Book of Forgiving* by Desmond Tutu and his daughter, Mpho Tutu. You can likely find it in the library, at any bookstore, or order it online. By reading it together, we will be able to share what we are learning and how we are being transformed by doing this holy work during the Season of Lent.

A note from Pastor Marie re: Holy Communion: Here is my practice regarding Holy Communion. I commune anyone in the house who wants to receive communion, including children. I also offer Holy Communion education, which is three short lessons, as part of ongoing Christian Education. These classes are not prerequisites to receiving the bread and wine. If you or your child would like to participate in these classes, please let Justina know and we will find dates when everyone who wants to participate is able to do so. In the meantime, please know that all are welcome at the table of the Lord. You need not be a member of this congregation, or a Lutheran, or an adult. If you have any questions or concerns, please contact the office.

Game Days

Join us for some fun! We will meet at 10am at Trinity for cards or Scrabble or whatever games the participants choose on Friday, March 28th. Come and join for a relaxing time of fellowship.

Women of Faith

Join us on Zoom on Tuesday, March 11th at 7pm for a Bible Study titled "Faithfulness: Faith in the Depths" based on Psalm 22. "The words of this psalm, like the lyrics of a favorite song or hymn, let us see ourselves in another's experience. As we struggle to hold on to faith in difficult times, these words model how to confess both pain and praise." Thank you Patsy Glista for leading this Bible Study.

Zion will host an in person Women of Faith meeting on Saturday, March 8th at 10am in the Fireside Room. Zion women will provide refreshments, and the women of Trinity will present a program about Women of Faith on this International Women's Day. A Snow Date is the following Saturday, March 15th.

Serving & Sharing

Every day we are seeing the blessings we take for granted and we don't always remember to share or just to call someone. May we by the grace of God remember to just smile, what a simple way to share.

We are serving a meal once a month at a new location to help feed the unhoused and to provide fellowship for our congregation and others at The Reformed Church of Herkimer once a month. The next dinner will be held March 29th. We continue with Feed My Sheep frozen meals for shut ins, collecting for the food pantry, and don't forget the lunches once a week for the Loaves and Fishes warming center. May we continue to share with all people in need. Please see the last page of the Tidings for information on the Lenten Lunches.

Communication and technology has been used well during the winter weather, and for people having trouble getting to church in person. Weekly Announcements tries to keep all our congregation informed of the many things we and the other congregations are doing.

Please remember without God's grace we wouldn't be able to do all the many things to help ourselves and others.

Blessings for you and all.

MARCH'S DONATION FOCUS

For the month of March, our donation focus will be meat - beef stew, tuna, pre made meat ravioli, canned spaghetti. We will also be collecting hats and mittens. Each month we will have a different donation focus, but other items will always be in need and accepted. Thanks to all who continue to donate!

Learning

BOOK GROUP

TLC Book Group will meet on March 14th at 10am at Trinity Lutheran Church to discuss *Anne of Green Gables* by L. M. Montgomery. This book is a much loved classic about a red-headed orphan. It is set in Canada on a farm on Prince Edward Island in early 1900. We will also discuss *Remarkably Bright Creatures* since our February meeting was snowed out. Please join us even if you haven't read the books.

FAITH ALIVE

God's blessings of His love and joy to all. Time has a way of flying from month to month. However the GOOD NEWS is that the love of JESUS, for all of us, doesn't change, it's the same yesterday, now and FOREVER. We worship a God whose banner over us is LOVE. Amazing!! isn't it?

Be aware! New and exciting things will be happening at FA. You may ask WHY?? because JESUS our Leader invites us with open arms and says "COME and I will show you new and marvelous things" It's called TRUST, FAITH, GRACE, JOY and PEACE, a personal relationship, a dialogue with our God. This is just the beginning!! I'm excited, are you??

Johnson Park Center, located in Utica, continues to be FA's outreach ministry. Sharing Jesus' amazing love to all is our JOY!

Read Psalm 89:1 slowly "I will Joyfully sing of the loving kindness of the Lord forever, I will make known Thy faithfulness with my mouth". Now ask yourself the question. What is the Psalmist, by using the words "I will" twice, stating what his action will be? Think of the words PRAISE and SHARE. Praise and Share what???

Mark your calendar: Faith Alive gatherings for March will be the 2nd, 16th and 30th, 9-10am. All ages are welcome, consider bringing a friend or family member to enjoy the fellowship with us. Being a member of

Trinity is not a requirement. If you are able, please bring a non-perishable food item for someone who just might need a little help. These will be delivered to our local food pantry. Thank you so much!!!

Any questions, new ideas or project suggestions are always welcome and appreciated. Please call the church office at 315-866-6474 leaving a message or speak to Phillis Becker or Sheila Baker. PEACE!

Worship, Music, and Prayer

BLESSINGS OF PRAYER:

"And in the same way the Spirit also helps our weakness; for we do not know how to pray as we should, but the Spirit Himself intercedes with groanings too deep for words; and He who searches the hearts knows what the mind of the Spirit is, because He intercedes for the Saints according to the Will of God." (Romans 8:26, 27)

PRAYER NOTES:

SIMPLICITY IN PRAYER:

We don't have to have a clear comprehension of what the need is or what the solution should be. We don't have to tell God how to "fix" things or even suggest what His course of action might be. We don't have to solve the problem for Him. What relief it is to know all we have to do is to get down on our knees and state the problem. The burden to resolve is His not your's or mind.

In addition to praying when we don't know the answer, we are free to pray without using eloquent speech. Too often when we pray, we seem to forget God already knows the details of our request and how to respond in His infinite wisdom.

God is God! He can be anything and He knows everything. All you and I need to do is lay our burdens at His feet, placing them into His capable hands, crawl up in His lap, put our head on His shoulder and rest in Him. Sometimes no words are necessary. Weep if you must. He can interpret the tears.

INTENSITY in PRAYER:

Praying until we enter into the very heart of the Father and discover what it is He wants to do for us or what He wants to give us. We discover His wants through the promises in His Word which the Holy Spirit will impress on our hearts.

DISCOVERY in PRAYER:

If we want to walk with Him, we must walk in His direction, which means we must surrender the will of our lives to Him. We can't go off in our own direction, deciding our own goals and pursuing our own purposes. We must walk at His pace, which means step-by-step obedience to His Word. And since we would have no idea what steps He is taking on a particular day, we have to read and apply His Word on a daily basis so that we can walk at His pace.

SENSITIVITY in PRAYER

As we pray, the Holy Spirit within us will direct us in what to pray for. Jesus promised His disciples that the Holy Spirit would guide them into all truth, bringing to their minds the things they needed to remember. (John 14:26).

Suggestion: When you pray, ask the Holy Spirit to teach you how to pray, and what to pray for. Take your Bible into your place of prayer. As you read it, open your heart and mind to His still, small voice that will whisper in your ear and give directions to your thoughts and words.

In His Service, Prayer Ministry

~			March 2025			^
Sun	Mon	Tue	Wed	Thu	Æ	Sat
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2	ĸ	4	5	9	7	_∞
Faith Alive Worship Service			Ash Wednesday	Bible Study		Women of Faith in Person Gathering
6	10	11	12	13	14	15
Worship Service		Women of Faith Bible	Council meeting via	Bible Study		
Bible Study with Pastor		Study	WOOZ			
16	17	18	19	20	21	22
Faith Alive		Worship and Music Committee Meeting		Bible Study		
Worship Service		Loaves and Fishes Meeting				
23	24	25	26	27	28	29
Worship Service				Bible Study	Game Day	Dinner at Herkimer
Bible Study with Pastor						Ketormed Church
30	31					
Faith Alive						
Worship Service						

Volunteer Schedule

2/16

	3/2	3/5	3/9	3/16	3/23	3/30/25
Counter 1	JoAnn Blaise	JoAnn Blaise	JoAnn Blaise	Amy Manning	Amy Manning	Amy Manning
Counter 2	Phillis Becker	Phillis Becker	Phillis Becker	Judy Sadlon	Judy Sadlon	Judy Sadlon
Reader	Bona Starring	NA	Amy Manning		Phillis Becker	
Singer	Sue Harkins	NA	Judy Sadlon	Sue Harkins	Judy Sadlon	Sue Harkins
Altar	Amy Manning	Judy Sadlon	Amy Manning	NA	Judy Sadlon	NA
Worship Leader	Judy Sadlon	Rev. Duquette	Rev. Duquette	Wendy Catera	Rev. Duquette	Judy Sadlon

Please email <u>info@trinityherkimer.org</u> with any changes.

Did You Know:

Trinity Lutheran church moved to its present location at the corner of German and Henry Streets in 1924. May 3, 1925 the cornerstone was laid. November 29, 1925 was the official dedication. This November 29th will mark 100 years since the dedication. Time for a celebration!

Our Church Family

God's children in need of support through prayer: Scott, Sheila, Michele, Barbara, Neill, Karen, Jeff, Levi, Gary, Sue, Charlie, Asha, Judy, Jim, Alice, Ruth, Leah, Matt, Mary, Rosemarie, Theresa, Billy, Heather, Jennifer. As the Holy Spirit leads us through our hearts and mind, let us put His Word into action, maybe a phone call, card of encouragement or short visit.

Paul's first epistle to the Corinthian believes, who so desperately needed help and encouragement is expressed in this Bible verse. "Be steadfast, immovable, always abounding in the work of the Lord, knowing that in the Lord your labor is not in vain". (1 Corinthians 15:58)

Hardships around the world, and at home, seem to be getting harder for many. Knowing this leads me to a BIG question. As Christians, shouldn't we be thinking of spending more time with Jesus in prayer? Please open your Bible and read what Jesus teaches us in John 13:34 "A new commandment I give to you that you love one another, even as I have loved you, that you also love one another"

REMEMBERING:

Our sister in Christ, Doris Brown, a devoted member of Trinity, went home peacefully to be with Jesus on 1/31/25. Doris was a pro seamstress, making dresses for those overseas who were overjoyed to receive a new dress.

Our brother in Christ, Richard Becker, also went home peacefully to be with Jesus on 2/4/25. Rich loved helping those who needed a little support no matter the situation. He would make phone calls, and get all the information needed to make their burden just a little lighter.

Please keep, in your prayers, both families and their friends for God's comfort and His perfect Peace during this time. Remembering the Words of Jesus "I am the resurrection and the life, he who believes in Me shall live even if he dies" John 11:25 WOW!! What a promise!

SHARING GOD'S GIFTS:

Have you noticed the beautiful music we enjoy, as we praise God together, every Sunday? Trinity is blessed to have Sue Kubica as our music director. Thank you Sue for sharing your gift of music with all of us. We appreciate you!

MARCH BIRTHDAYS

Kiya Snyder	Mary Knoblauch	Abe Stubley
Patrick Roche	Ty Rigo	Amanda MacDougald
Beth Ann Crouch	Amelia Whitney	Kevin Kirk
John D. Sadlon	Cole DeLuca	Connie Engert
Steve Kucerak, Jr.	Edie Hermann	John Keiser
Charlee Mae Lyon	Samantha Prosser	Stephen Manning
Taryn Rackmyer	Judy Burke	Avery Hinckley
Catrina Griewahn	Ella Wilcox	Elaine Fleming
Dustin Sanders	Maegan Manning	Hunter Shaut
Laurie Heiland-Crouch	Ashley Hinckley	Jared Levi
Stanley Swienton	Debra Devereese	Jennifer Burger
Lisa Woods	Jodi Rivers	Melissa McClouskey
Paul Vanderwerken	Jodie Farrington	Riley Lyon
Marcy Miller	Nicole Benedict	Randy Snow

MARCH ANNIVERSARIES

Cindy & Mark Knoblauch

If you spot an error or omission, please notify the office. We will be happy to update this list!

Council Contact Information

President: Amy Manning	315-868-9224	amanning@trinityherkimer.org	Worship With Us
Vice President: JoAnn Blaise	315-868-0291	jblaise@trinityherkimer.org	From Anywhere!
Sec/Tres: Judy Sadlon	315-868-8387	jsadlon@trinityherkimer.org	Call on your landline
Bona Starring	315-868-8393	bstarring@trinityherkimer.org	phone, use your computer,
Phillis Becker	315-866-2379	pbecker@trinityherkimer.org	receive a DVD, or receive a
Wendy Catera	315-360-7447	wcatera@trinityherkimer.org	printed copy of the
Pastor Marie	315-316-1866	pastor@trinityherkimer.org	sermon! See Worship
Office	315-866-6474	info@trinityherkimer.org	Schedule for details.

If you would like to receive a copy of finalized Council meeting minutes please contact the office.

The Mohawk Valley Council of Churches invites you to

Lenten Luncheons

Come enjoy worship and lunch at 12 noon throughout the Lenten Season.

A free will donation will be taken.

Join us at the following locations:

MARCH 12 ST. AUGUSTINE'S EPISCOPAL CHURCH, ILION

MARCH 19 MORNING STAR METHODIST CHURCH, ILION

MARCH 26
BLESSED SACRAMENT, MOHAWK

APRIL 2
FIRST PRESBYTERIAN CHURCH, ILION

APRIL 9
TRINITY LUTHERAN CHURCH, HERKIMER